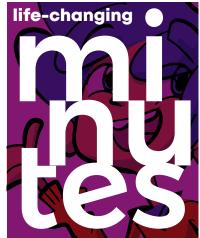
TAKE CONTROL



KNOWING

EPILEPSY











This week it's my 16th birthday and I want to do something big with my friends... It's gonna be a huge party!



Is someone feeling nervous about his birthday?



I am really excited! My parents allowed me to have the party at home.

Well, Eva, we have talked about this many times...It's been 2 years since my last seizure. I think I don't need medication anymore. Finally! It's our first party together! You have to promise me that you are not going to stop taking your medication.

David, I think you are wrong. It's a really important decision and your parents and doctor should be involved.





TRUE OR FALSE QUESTIONS



- 1. You can stop taking the medication if it is been more than a year since you had the last seizure.1
- TrueFalse
- 2. Alcohol can interact with your medication and can increase the risk of seizures.¹
- TrueFalse
- 3. It is not recommended to people with epilepsy play any sport.1
- TrueFolse

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1. Epilepsy Ireland. A Guide For Young People with Epilepsy. Available at: https://www.epilepsy.ie/sites/www.epilepsy.ie/files/Teens_Booklet%202018.pdf

J. FALSE, 2. TRUE, 3. FALSE :SLINSal



